A model for hydrophobic protrusions on peripheral membrane proteins

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Abstract With remarkable spatial and temporal specificities, peripheral membrane proteins bind to biological membranes. Prototypical peripheral membrane binding sites display a combination of patches of basic and hydrophobic amino acids that are also frequently present on other protein 10 surfaces. The purpose of this contribution is to identify simple but essential components for 11 membrane binding, through structural criteria that distinguish exposed hydrophobes at membrane 12 binding sites from those that are frequently found on any protein surface. We formulate the 13 concepts of protruding hydrophobes and co-insertability and have analysed more than 300 families 14 of proteins that are classified as peripheral membrane binders. We find that this structural motif 15 strongly discriminates the surfaces of binding and non-binding proterins. Our model constitute a 16 novel formulation of a structural pattern for membrane recognition and emphasizes the 17

¹⁸ importance of subtle structural properties of hydrophobic membrane binding sites.

20 Introduction

Biological membranes are ancient and crucial components in the organisation of life. Not only 21 do they define the boundaries of cells and organelles, but they are central to a myriad of protein-22 protein and protein-lipid interactions. These encounters are instrumental for processes such as 23 cell signalling (Kutateladze, 2010: Vögler et al., 2008) and trafficking (Cullen, 2008), or regulation of 24 cell structure and morphology (Inaba et al., 2016; Itoh et al., 2005). Any attempt at understanding 25 biological systems thus needs to incorporate protein-membrane interactions. A range of proteins 26 has evolved to facilitate and regulate these processes. Besides the embedded transmembrane 27 proteins and receptors, a number of soluble proteins interact transiently with the surface of cellular 28 and organellar membranes achieving remarkable spatial and temporal specificities. These proteins 29 are referred to as peripheral proteins and their membrane-binding site as interfacial binding site 30 or IBS. Peripheral proteins include well-known lipid-binding domains that confer larger proteins 31 the ability to bind membranes (Lemmon, 2008; Cho and Stahelin, 2005). Other domains such as 32 lipid-processing enzymes, endogenous or secreted by pathogens are also included in this definition. 33 Advances in lipidomics that are now allowing large-scale mapping of protein-lipid interactions have 34 already revealed novel lipid-interacting proteins (Gallego et al., 2010) suggesting that the current 35 list of membrane-binding domains, and by extension of peripheral proteins, is not complete. An 36 increased understanding and better characterization of membrane-protein interfaces is much 37 needed for improved annotation of peripheral proteins as it would for example, ease the endeavor 38 of lipidomics or transcriptomics initiatives. Efforts in drug development are also dependent on 39 detailed structural characterization of such interfaces. 40 Unlike protein-protein or protein-ligand interactions, interfacial binding sites of peripheral 41 proteins are poorly characterized in terms of amino acid composition and structural patterns. 12

Embedded and transmembrane proteins contain well defined regions of hydrophobic surface. clearly identifying their membrane interacting segments. This is seldomly the case for peripheral 44 membrane proteins even though some have a fairly easily identifiable lipid binding pocket e.g. FYVE 45 or some PH domains that bind preferentially phosphoinositides. Yet the majority of peripheral 46 proteins do not belong to this category. Attempts to characterize the energetics of membrane 47 binding has mostly focused on electrostatic complementarity with the head group charges of 48 membrane lipids (Mulgrew-Neshitt et al. 2006) rather than on the desolvation of hydrophobes 49 which is more difficult to isolate in theoretical treatments. The preference of surface-exposed 50 hydrophobic amino acids for the hydrophobic core of the membrane is indeed a result of their 51 unfavorable interaction with solvent water, and is a consequence of the hydrophobic effect. The 52 predictive power of implicit membrane models in the prediction of membrane binding sites has 53 been a strong indication of the importance of the hydrophobic effect (*Lazaridis, 2003*). Lomize et 54 al, could for example correctly predict membrane inserted residues of 53 peripheral proteins and 55 peptides using a model that include only hydrophobic interactions, desolvation energy of polar 56 groups and ionization energy (Lomize et al., 2007). In order to assert the generality of such binding 57 mechanisms, it is however not only necessary to demonstrate the precense of the relevant amino 58 acid types on known binding sites. It is also important to carefully analyse non-binding surfaces 59 as well. Since they are soluble their interfacial binding site (IBS) is restricted in terms of the size 60 of the hydrophobic patches they expose to their surface. The prototypical peripheral membrane 61 binding sites display a combination of basic and hydrophobic amino acids. However, as both 62 small hydrophobic patches and charged residues are frequently present on protein surfaces, it 63 is challenging to distinguish membrane binding sites from the rest of the peripheral membrane 64 proteins surface solely relying on amino acid composition. 65 For the hydrophobic component of binding sites, there is some evidence that structural con-66 siderations may allow signatures of membrane interacting hydrophobes to be defined. Terms like 67 hydrophobic spikes (Gilbert et al., 2002; Gamsigeger et al., 2005) and protruding loops (Lomize et al., 68 2007) have been used to describe membrane binding sites, prompting the idea of hydrophobes 69 protruding from the protein globule. A close look at amphipathic belices, also motivates the concept 70 of protruding hydrophobes. Amphipathic helices are characteristic of membrane-binding peptides 71 and proteins. When such membrane binding helices form, they are often found lining a protein. 72 forming a cylindrical protrusion from the globule (e.g. ENTH domain of Epsin, PDBID: 1H0A (*Ford* 73

et al., 2002)). Yet, no generalization of protruding membrane binding sites has been proposed for
 peripheral membrane proteins.

The purpose of this contribution is to identify structural criteria that distinguishes exposed hydrophobes at membrane binding sites from those that are frequently found on any protein surface. We propose a simple definition that formalizes the concept of protruding hydrophobes, and which can be easily computed from the protein structure. This definition allows us to systematically investigate to what extent protruding hydrophobes are found on both binding and non-binding surfaces, and to identify structural criteria for recognizing exposed hydrophobes that are likely to be important for membrane binding.

A major obstacle in developing general association models for peripheral membrane proteins is 83 the scarcity of experimentally verified binding sites, and detailed descriptions of binding orientations. 84 So far, computational studies on the role of hydrophobes on membrane binding sites have been 85 based on relatively small sets of proteins with known binding sites (Lomize et al., 2007: Balali-Mood 86 et al., 2009: Lazaridis, 2003). To get around this problem and to leverage the large number of 87 proteins for which membrane binding has been identified without a detailed characterisation of 88 the IBS, we perform a comparative statistical analysis of protein surfaces. Given a classification of 89 proteins that separates membrane binders from non-binders, we compare peripheral membrane 90 proteins with non-binding reference surfaces. With this we can extend our analysis to hundreds of 91 protein families, rather than the few dozens for which binding sites have been partially identified by experiments.

With our simple definition of structural protrusions, we perform a statistical analysis of protrud-94 ing hydrophobes in a large protein structure dataset and our results support their general role in 95 membrane association. We find that protruding hydrophobes can be used to strongly discriminate 96 protein surfaces invovled in membrane binding from those that are not. Hydrophobes are much 97 more frequent on protruding sites of peripheral membrane proteins than in the reference dataset, 98 and that they have a strong tendency to cluster on positions that can simultaneously interact with 99 the membrane. We also derive membrane binding site predictors that are highly indicative of 100 both experimentally identified membrane binding residues, and binding orientations predicted by 101 other computational models. Even if we have delibaretely isolated the hydrophobic component 102 of bindings sites, ignoring clearly important contributions from electorstatics and conformational 103 flexibility, we find protruding hydrophobes to be a distinct signature of peripheral membrane 104 proteins, and estimate that they are sufficient to identify binding sites in at least half of the 326 105 protein families we have analysed. 106

107 **Results and Discussion**



Figure 1. The definitions of *protrusions* and *co-insertable protruding hydrophobes*. Panel A show a cartoon representation of the C2 domain of human phospholipase A_2 (PDB ID: 1RLW), and panel B show the convex hull for the same protein. All C_{α} - and C_{β} -atoms are shown as spheres. Hydrophobes are coloured orange. The convex hull for the C_{α} - and C_{β} -atomic coordinates is shown in blue. All spheres visible on the convex-hull representation are vertex residues. *Protrusions* are defined as vertex residues with low local protein density, and shown as large spheres. *Co-insertable protruding hydrophobes* are protruding hydrophobes that are adjacent vertices of the convex hull, they are shown connected by orange lines. Small black spheres are vertex residues that have high local density, and do therefore not meet the criteria for protrusions.

Our formalisation of the concept of protruding amino acids is illustrated in Figure 1 and described 108 in details in Materials and Methods. In short, it relies on firstly identifying the convex hull (in blue in 109 Figure 1) of a coarse-grained protein model consisting of only C_a - and C_a -atoms. We then identify 110 amino acids located at vertices of the convex hull which intuitively are good candidates to be 111 inserted into a membrane without inserting other residues, and without deforming the protein 112 backbone. The model thus implicitly assumes that (1) proteins interact with the membrane without 113 appreciable conformational change, or prior to such change and (2) that the membrane is locally 114 flat, which is a valid approximation in most cases. In order to single out the amino acids that are 115 most exposed to solvent, we single out amino acids (vertices) in regions of low protein density. 116 characterized as having a low number of neighboring atoms. Solvent accessibility is a necessary 117 condition for the hydrophobic effect to contribute to binding. In addition, regions of low local 118 protein density are also likely to cause less disruption of lipid packing upon membrane insertion. 119 In what follows, we present results of the application of this model to characterise hydrophobic 120 properties of protrusions in peripheral membrane proteins. We do this by comparing a dataset 121 of peripheral membrane proteins and a reference set of protein surfaces not interacting with the 122 membrane, as described in Materials and Methods. 123

124 Protruding hydrophobes in a dataset of peripheral membrane proteins



Figure 2. Hydrophobes are more common on protruding positions in peripheral proteins, than in the reference set. The plots show frequencies of hydrophobes on surface amino acids, both on protrusions (A and C) and among all solvent exposed amino acids (B and D). Compare peripheral proteins (blue) and the reference set (red). The horizontal axes show the mean fraction (Eq.1) of protrusions or solvent exposed amino-acids that are hydrophobic. The vertical axis shows the fraction of protein families.

First we calculated the frequency of hydrophobes on protrusions in peripheral proteins families 125 and compared it to the reference dataset. In Figure 2, we observe a stark contrast between the set 126 of peripheral proteins and the reference set (Figures 2 A and 2 C). Hydrophobes occur with high 127 frequency and in almost all families on protrusions of peripheral proteins. In the reference set on 128 the other hand, hydrophobes on protrusions are much less tolerated, reflected by a histogram mode 129 of zero. This trend is specific for protruding positions, and does not reflect a general difference in 130 composition of surface exposed amino-acids between the data sets as shown by plots in Figures 2 B 131 and 2 D. Indeed if we consider the frequency of hydrophobes on all solvent exposed residues, the 132 distributions look quite similar with both sets having histogram modes close to 0.2. This value is in 133 agreement with the fraction of the surface of globular proteins typically reported to be hydrophobic 134 (for instance 0.19 in Ref. (*Miller et al., 1987*)). The surfaces of the references set are in some cases 135 very small, due to the way we ensure that these surfaces are not interacting with the membrane 136 (see Materials and Methods). While these small surfaces are relevant samples for calculating average 137 frequencies, the fraction of hydrophobes on such surfaces can take more extreme values (close to 138 zero or 1). For this reason the tails of the histograms for the reference set are somewhat fatter than 139 those for the peripheral membrane proteins. 140

Given the nature of our model the differences presented in Figure 2 are naturally ascribed to two 141 factors: the accessibility of amino acids compared to other regions of the protein (they are vertices 142 of the convex hull) and their low local protein density d defined as the number of neighbouring 143 C_{a} - or C_{a} -atoms (Cf. definition in *Materials and Methods*). We here explore the dependence of 144 this difference on d_{1} . In Figure 3 we show the difference between frequencies of hydrophobes in 145 peripherals and reference data sets for different ranges of the local protein density d. The leftmost 146 bar $(0 \le d \le 6)$ corresponds to chain terminals. The other bars corresponding to ranges covered 147 by our definition of protruding residues (7 < d < 22) show that hydrophobic residues are more 148 frequently found at vertex residues with low local protein density in the peripheral proteins. This 149 also serves as an *a posteriori* justification for constricting our definition of protrusions to amino-acids 150 with d < 22151

Assuming that the over-representation of hydrophobes on protrusions in peripheral membrane proteins stems from actual membrane binding sites, one can expect those proteins to have more



Figure 3. On peripheral proteins, protrusions in low density regions are more often hydrophobes, compared to the reference set. The plot shows the logarithm of the odds-ratio (Eq.10) comparing the frequency of hydrophobes on *vertex* residues in peripheral proteins and the reference set. Positive values reflect higher frequencies in the peripheral proteins. The horizontal axis shows the protein density *d* around the protrusion, measured as the number of C_{α} and C_{β} atoms within 1nm. Vertex residues are all on the convex hull, but only the vertex residues with d < 22 are protrusions. The leftmost bar with d < 7 corresponds mostly to chain terminals. More precisely, the vertical axis shows $R(A, B, \hat{F}_{hydrophobe|vertex\cap l < d \le u})$ where *A* denotes the peripheral proteins, *B* the reference set, *l* and *u* denote the lower and upper limits of the ranges given on the vertical axis, and *d* is the local protein density defined in *Materials and Methods*. Error bars are 95% confidence intervals.

than one hydrophobic protrusion We estimated the tendency of each hydrophobic protrusion
 to be *co-insertable* by calculating the weighted frequency of co-insertion (Eq. 9) (Cf *Materials and Methods*) for both datasets (Figure 4). We note that peripheral membrane proteins do indeed tend
 to have hydrophobes on co-insertable protrusions to a significantly larger extent than what would
 be expected from randomly scattering hydrophobes among protruding positions. This tendency is
 much lower for the reference set, even when considering the extremities of the error bars, which
 are wide precisely because there are very few protruding hydrophobes in this set.

We further explore the degree of co-insertability of the hydrophobic protrusions present in our 161 dataset of peripheral proteins and in the reference dataset. We seek to evaluate to what extent 162 co-insertable hydrophobic protrusions can be used to discriminate likely peripheral membrane 163 binders from other proteins. Figure 5 shows the fraction of proteins in each dataset that have at 164 least one pair of co-insertable hydrophobic protrusions (labelled Co-ins.) and the fraction of proteins 165 that have at least one *isolated* hydrophobic protrusion (i.e a protrusion that does not satisfy the 166 criteria that define *co-insertability*). While we do see some discrimination between the data sets 167 in the case of isolated protruding hydrophobes, the co-insertable ones prove to be very strong 168 indicators of which proteins surfaces are membrane binding. As the coincidental occurrence of 169 such properties increase with the size of the protein surface, we have grouped the proteins by 170 total number of surface protrusions (regardless of hydropathic properties). We do however see no 171 appreciable difference between the proteins of size 0 - 25 and those of size 25 - 50. We consider 172 the fraction in the reference set to be a reasonable estimate of a false positive rate for predicting 173 membrane binding function based on the presence of protruding hydrophobes. We find this 174 false positive rate to be around 12% for co-insertable protrusions, in both the size ranges we have 175 analysed (see Figure 5). For the peripheral membrane proteins, we estimate that 64% and 75% of the 176 peripheral membrane proteins in the respective groups have co-insertable protruding hydrophobes. 177 Assuming that such motifs occur by chance at a rate no higher than it does in the reference set. 178 and that the over-representation is due to the membrane binding function defining the data sets. 179 we conservatively estimate that co-insertable protruding hydrophobes are membrane-interacting 180 motifs for more than half of the peripheral membrane proteins we have analysed. 181



Figure 4. The *protruding hydrophobes* tend to be *co-insertable* in the peripheral proteins. The tendency for protrusions to be co-insertable is quantified by the weighted frequency of co-insertion (Eq. 9), and is compared between each data set and a null model using the odds ratio (Eq. 10). Positive values reflect higher frequencies of co-insertion than in the null model. More precisely, we show the comparisons R (*set, null,* $\hat{F}_{one,both}^{pair}$), where *set* represents the set of peripheral proteins (blue) and the reference set (red), and *null* represent their respective null models where hydrophobes have been relocated randomly among protrusions as described in *Materials and Methods*. Error bars are 95% confidence intervals.

¹⁸² Protruding hydrophobes vs. experimentally verified membrane-binding sites

The analysis presented in Figures 3 and 5 suggests that the concepts of protruding hydrophobes 183 and co-insertability can be used to identify membrane binding residues. Based on these results 184 we seek to define a predictor of membrane binding sites. We define the Likely Inserted Hydrophobe 185 as the protruding hydrophobe with the highest number of co-insertable protruding hydrophobes 186 and lowest local protein density, as defined in *Materials and Methods*. Figure 6 illustrates that this 187 simple definition is able to identify binding sites on modular membrane-binding domains: C1, 188 C2, PX, ENTH, PLA2 and FYVE. For most of these cases, the Likely Inserted Hydrophobe has in 189 fact been experimentally identified to contribute to membrane binding. For the other examples, 190 it is clearly positioned close to the experimentally identified binding site. A more quantitative 191 comparison between predicted and verified membrane interacting residues is complicated by the 192 absence of negative assertions from either methods. Experiments aiming at identifying membrane-193 binding sites will usually only target some of the amino acids suspected to belong to the membrane 194 binding residues, and usually not conclude on other amino acids. Similarly, the Likely Inserted 195 Hydrophobe is by definition only one residue, and provide no negative prediction of which amino 196 acids do not bind the membrane. We can however make a rough, but well defined, comparison by 197 computing the angle between the vectors connecting the protein center with respectively; the mean 198 position of the membrane interacting residues identified in experiments (\mathbf{t}_{r}), and the Likely Inserted 199 Hydrophobe (t_r , See Eq. 11). While this comparison does not provide a quantitative evaluation 200 of whether experimentally determined IBS and predicted residues match exactly, it allows us to 201 separate proteins where the predicted and verified residues are "on the same side" of the protein 202 $(\angle t_I, t_I < 90^\circ)$ from those where they are not. We show on Figure 7 such a comparison for proteins 203 whose binding sites are experimentally determined. This is a coarse approximation to the protein 204 orientation, which is sensitive to both protein shape, the selection of residues included in the partial 205 biding sites, and any difference in backbone conformation between bound and unbound protein. 206 Even so, we do expect that wrong binding site predictions should provide angles in the entire range 207 from 0°to 180° with roughly uniform probability. But, we observe that almost all angles are sharper 208 than 90°, indicating a reasonable agreement with experimental data. We also observe a similar 200 range of angles for cases where the membrane interaction of the Likely Inserted Hydrophobe has 210 been experimentally verified (marked with asterisks (*) in Figure 7) and the cases where it has not. 211 We would like to emphasise at this point that the Likely Inserted Hydrophobes that are not yet 212 found to be membrane interacting might very well never have been tested. We also calculated 213 all angles between the set of experimentally identified residues and protruding amino acids of all 214



Figure 5. *Co-insertable protruding hydrophobes* are common in peripheral proteins and rare in the reference set. The plot shows the occurrence of *co-insertable protruding hydrophobes* on protein surfaces. Panels A and B show the weighted fraction (Eq. 5) of proteins that have protruding hydrophobes, in the peripheral proteins (blue) and the reference set (red). We have differentiated here between protrusions that have at least one co-insertable protruding hydrophobe (labeled "Co-ins."), and those that have not (labeled "isolated"). The analysis is done separately for two groups of proteins according to the total number of protrusions on the protein surface ($[0, 25\rangle$ in panel A, $[25, 50\rangle$ in panel B). Panel C shows the frequency distribution of the total number of protruding residues ("# protrusions") for all proteins. The selections analysed in panel A and B are found between the dashed lines in panel C. Error bars in panel A and B are 95% confidence intervals.

²¹⁵ kinds. These results are displayed as box-plots in Figure 7. While they vary a bit between families,

we note that all medians are close to 90°, confirming that the statistical expectation for protrusions

 $_{217}$ in general is to have roughly equally many observations larger than and smaller than 90°.

We provide as Supporting Information the complete list of amino acids experimentally identified as being part of membrane binding sites (Table S2). It overlaps with the list provided by Lomize *et al.* (*Lomize et al., 2007*), but sometimes differ in exactly which amino acids are included, as we include membrane interacting residues even when they are not inserted in the hydrophobic core of the

222 membrane.

223 Protruding hydrophobes on predicted membrane binding sites

The continuum-model presented by Lomize et al. (Lomize et al., 2011a) forms the basis for a 224 systematic effort to predict binding orientations for peripheral membrane proteins. The OPM 225 database (Lomize et al., 2012) provides prediction of spatial arrangements of membrane proteins 226 with respect to the lipid bilayer for a selection of peripheral membrane proteins. We here investigate 227 to what extent protruding hydrophobes are captured by the model proposed by Lomize *et al.*. We 228 identify The Likely Inserted Hydrophobe for each of the proteins in our dataset, and extracts the 229 OPM predicted insertion coordinate of its C_a-atom. The insertion coordinate of an atom measures 230 its depth of insertion into the hydrocarbon region of the membrane model, and is thus positive 231 for atoms located in the hydrocarbon core and negative for atoms located on either side of the 232 membrane including the interfacial region (Cf. Materials and Methods). Figure 8 shows histograms of 233 the median insertion coordinate of the Likely Inserted Hydrophobes identified in each family. A clear 234 majority of those residues are located close to the interface of the membrane model in the OPM-235 predictions (Figure 8 A) and 75% of the families in the set of peripheral membrane proteins have 236 the median insertion coordinate for the Likely Inserted Hydrophobe within a margin of 0.5 nm from 237 the membrane. This fraction is similar to the estimated fraction of proteins that have co-insertable 238 protruding hydrophobes (Figures 5 A and B). We allow this margin of 0.5 nm to compensate for the 239 assumptions of rigid protein, flat membrane, and the distance between C₂-atoms and side-chain 240



Figure 6. Protruding hydrophobes are found on the membrane binding sites of well known membrane binding domains. The figure shows the convex hull (in blue) of the C_{α} and C_{β} -atoms of selected peripheral membrane binding domains. The C_{β} -atoms of *the Likely Inserted Hydrophobe* are shown as orange spheres and C_{β} -atoms of experimentally identified membrane-binding residues as gray spheres. The Likely Inserted Hydrophobe is an amino acid that has been experimentally verified to be a membrane binding residue for 1RLW, 1H6H, 1PTR and 1VFY. For 1H0A and 1POA the Likely Inserted Hydrophobe is located in the same area as the residues identified by experiments. **1RLW**: C2 domain of human phospholipase A2; **1H6H**: PX domain of P40PHOX ; **1POA**: snake phospholipase A2; **1PTR**: C1 domain of protein kinase C delta; **1H0A**: Epsin ENTH domain ;**1VFY**: FYVE domain of yeast vacuolar protein sorting-associated protein 27.

atoms. Fractions for other margins can be read from the cumulative histogram shown in Figure 8 C. By representing position with the insertion coordinate, we effectively project residue coordinates onto the membrane normal. We therefore do not expect surface amino acids to be uniformly distributed along the insertion coordinate axis and present control statistics for randomly chosen protruding amino acids of all hydropathic properties (Figure 8 B and 8 D). It appears clearly that the high number of Likely Inserted Hydrophobes close to the membrane model is not an effect of it simply being more protein there.

²⁴⁸ Structure and amino acid composition at hydrophobic protrusions

The analysis presented in Figure 3 indicates that the ability to discriminate the data sets based on 249 the frequency of hydrophobes on protrusions gets lower as the local protein density gets higher. 250 Local protein density of a protrusion is dependent on secondary structure elements with loops, 251 turns and bends being those that intuitively favor low local protein density. These secondary 252 structures typically mark a clear change in direction of the backbone trace, where the neighbouring 253 residues 'make way' for the protruding hydrophobe. Figure 9 A shows which secondary structure 254 elements the protruding hydrophobes are associated to in the set of peripheral proteins. We note 255 that loops, turns and bends are indeed abundant, but also helices and not beta-strands. Figure 9 B 256 shows a comparison with the reference data set. We see that protruding hydrophobes on turns 257 and bends are not only common in the peripheral membrane proteins as we saw in Figure 9 A, but 258 they are also significantly more frequent than in the reference set. Interestingly, this is not the case 259 for loops. A reason for this might be that turns and bends provide a rigid scaffold for exposing the 260 hydrophobes, which would otherwise rearrange to desolvate when exposed to solvent, and thereby 261



Figure 7. Protruding hydrophobes predict experimentally verified binding sites. The figure shows comparisons of predicted binding residues (*the Likely Inserted Hydrophobe*) with experimentally verified binding sites for a manually curated dataset of 24 proteins (listed in Table S2). The vertical axis corresponds to values of the angle (Eq.11) comparing the two vectors connecting the center of the protein with either the predicted or known binding sites. Smaller angles imply better agreement between prediction and experiment. Asterisks (*) mark proteins where the Likely Inserted Hydrophobe is an amino acid experimentally identified to be interacting with the membrane. The grey boxplots show the distribution of angles when the known binding site residues are compared to all protruding amino acids on the protein. 1iaz is analysed in its soluble monomeric state, while it forms a transmembrane pore upon oligomerisation. The structure of the C-type lysozyme (PDBID 1f6s) has no identified protruding hydrophobes and is marked with a cross at 180°. Interestingly, while our analysis is performed on its crystallised form, it is known to bind membranes in a molten globule state.

likely reduce the free-energy gain of membrane insertion. As the definition of *loop* here is simply 262 absence of any of the other secondary structure definitions, we would expect this category to 263 contain less regular, more flexible structures. We also expect this property of rigid scaffolding from 264 amphipathic helices, which is an established motif for membrane association. Figure 9 illustrates 265 however that protrusions are not dominantly helices, confirming that the concept of protruding 266 hydrophobes provides a useful generalisation for the shapes of membrane-binding sites. 267 For purposes of isolating the structural component of hydrophobic membrane association, we 268 have until now used a dichotomous definition of hydrophobicity based on the Wimley-White scale 269 for interfacial insertion (Wimley and White, 1996). Yet, we do expect different amino acids to have 270 varving contributions to the free energy of binding. We have therefore also assessed the relative 271 importance of different amino acids for discriminating between our two data sets. Figure 10 B 272 shows the comparison of the frequencies of different hydrophobic amino acids on protrusions in 273 the two data sets. As expected, we find non-polar residues with large aliphatic or aromatic side 274 chains to be much more frequent at the protrusions of peripheral proteins than in the reference 275 data set. While the error bars in Figure 10 B are not corrected for multiple testing, the signal for the 276 hydrophobes as a group is quite clear. They all occur as over-represented in the set of peripheral 277 proteins and the odds-ratio is much larger for phenylalanine, leucine and tryptophan than for 278 any of the amino-acids that are over-represented in the reference set. Recall that $\ln R$ (Eq.10) is 279 symmetric around 0, so the magnitude of the bar representing phenylalanine on one end, can be 280 directly compared to that of the bar representing threonine in the negative direction. Tyrosine 281 on the other hand discriminates the sets poorly compared to its high hydrophobicity score in the 282 Wimley-White scale. We consider this a possible consequence of the orientational restrictions on 283 the binding sites of peripheral membrane proteins. The typical orientations consistent with shallow 284 binding, has the residue anchored above the membrane. This probably allows less freedom for 285 the hydroxyl group of tyrosine to orient towards regions of higher water density, than it has in the 286 peptides used for the Wimley-White experiments or in transmembrane proteins. We also note 28



Figure 8. Comparing predictions based on protruding hydrophobes with the predicted IBS in the Orientation of Proteins in Membranes (OPM) database. The plots show the distributions of the median *insertion coordinate* from OPM for *the Likely Inserted Hydrophobe* in each family (measured at the C_{α} -atom). Values greater than or equal to zero correspond to atoms positioned in the hydrophobic core or at the boundary. Hence insertion coordinate values close to zero indicate agreement with OPM. Panel A (C) show data for the Likely Inserted Hydrophobes and panel B (D) for a null model of randomly selected *protruding* residues. Panel C and D show cumulative histograms (accumulated with decreasing insertion coordinates).

²⁸⁸ with interest that proline is among the residues that are somewhat over-represented in the set of

289 peripheral proteins. In general, prolines are conformationally important protein components, that

²⁹⁰ restricts the backbone with respect to its immediate neighbours along the peptide chain, and are

therefore likely to promote local rigidity. They also serve to induce sharp changes in the backbone

²⁹² trace, which would facilitate solvent exposure of neighbouring side-chains, as discussed above.

²⁹³ Specifically, they are in general frequently found on turns (*Wilmot and Thornton, 1988*).

294 Conclusion

Protein-membrane interactions are typically studied in vitro or in silico and inference to their 295 biological context have to carry over from greatly simplified membrane models. To make sense of 296 such experiments and simulations, it is essential to formulate general models that explain protein 297 association in terms of factors that are present in both model systems and the relevant in vivo 298 counterpart. In pursuit of such general models for membrane recognition, we have formulated 299 the concepts of protruding hydrophobes and co-insertability. We have analysed more than 300 300 families of proteins that are classified as peripheral membrane binders and identified this model to 301 be a good fit to more than half of them, after correcting for the small false positive rate estimated 302 from the reference set (Figure 5). The generality of the model is corroborated by three important 303 points. Hydrophobes are clearly over-represented on the protrusions of peripheral membrane 304 proteins (compare Figure 2 A and 2 C, and see Figure 3), they tend to locate on co-insertable 305 protrusions (see Figure 4 and Figure 5), and protruding hydrophobes are generally positioned 306 consistent with experimentally identified binding sites (Figure 6 and Figure 7). Amphipathic helices 307 are already well known membrane binding motifs which our definition of protrusion is well suited 308 to capture, whenever these are stably folded and exposed. We do however find that the majority of 309 identified protruding hydrophobes are not helices (Figure 9 A) and that hydrophobes are also highly 310 over-represented on protruding turns and bends (Figure 9 B). We therefore propose the concept of 311 protruding hydrophobes as a useful generalisation upon binding motifs that are identified in terms 312 of secondary structure. 313

Both the choice of reference set, and the choice of quaternary structure modelling comes with some assumptions. We have elaborated on these in "materials and methods". We have also



Figure 9. In peripheral proteins, hydrophobic protrusions are more frequent on turns, bends and α -helices, compared to the reference set. Panel A shows the weighted number (Eq. 2) of *protruding hydrophobes* associated with the different types of secondary structure elements. We have differentiated between protrusions that have at least one co-insertable protruding hydrophobe (right, labeled "Co-ins."), and those that have not (left, labeled "Isolated"). Panel B compares the weighted frequencies (Eq. 4) of hydrophobes on protruding secondary structures between the peripheral membrane proteins and the reference set, using the odds ratio (Eq. 10). Positive values reflect higher frequencies in the peripheral proteins. More precisely, panel A show the values $N_{hydrophobe|protrusion\cap sse'}$ and panel B the comparisons R (A, B, $\hat{F}_{hydrophobe|protrusion\cap sse'}$) where A denote the peripheral proteins, B the reference set, and *sse* specifies the secondary structures given in the color legend. Error bars in panel B are 95% confidence intervals.

performed some checks on how sensitive our analyses are to violations of these assumptions,
 and found that our conclusions are robust. We present details of these analyses as Supporting
 Information.

Investigation of the interfacial binding sites of numerous peripheral membrane proteins has 319 revealed the presence of hydrophobic amino acids, and of basic amino acids such as arginines and 320 lysines. This reflect the two almost universal traits of biological membranes; their hydrophobic 321 core and anionic surface. Yet the focus on the electrostatic component of the free energy of 322 transfer from water to membrane - often referred to as being long-range - has overshadowed the 323 importance of hydrophobic contribution which is sometimes referred to as being short-range. The 324 focus on electrostatic interaction is at least in part to be attributed to the difficulties in evaluating the 325 hydrophobic contribution as opposed to for example, the computational tractability of continuum 326 electrostatic models. In principle the contribution of hydrophobes to membrane binding can only 327 be determined with a rigorous treatment of the hydrophobic effect, which requires very accurate 328 treatment of large systems involving both protein, membrane and solvent. The mere presence of 329 hydrophobes on the protein surface is to a large extent tolerated by non-binding soluble proteins 330 as well, and for both hydrophobes and basic amino acids, it is challenging to determine when their 331 presence on protein surfaces are coincidental, and when they are important for membrane binding. 332 Moreover, amino acids on membrane binding sites are not typically strongly conserved (Park et al., 333 2016), so modeling their generic binding modes is important both for relating binding sites between 334 homologs, and for understanding how additional factors determine differences in membrane 335 specificities. Fortunately, as evident from the results presented in this contribution, the role of 336 hydrophobes can often be understood in much simpler terms than what is required for an exact 337 estimate of the energetics of the hydrophobic effect, and their importance for membrane-binding 338 can be inferred from comparative statistical analyses. The subtle considerations of protein structure 339 encoded in our definition of protrusions, strongly distinguishes the small hydrophobic patches on 340 peripheral membrane proteins from those on other protein surfaces. This provides good reason 341



Figure 10. Large aliphatic and aromatic side chains are particularly over-represented on protrusion on peripheral proteins. Panel A shows the weighted fractions (Eq. 4) of hydrophobic amino acids on protrusions from peripheral proteins (blue) and from proteins in the reference set (red). In panel B, the contrast between the two sets is quantified by the odds ratio (Eq. 10), so that positive values reflect higher frequencies in the set of peripheral proteins than in the reference set. More precisely the vertical axis denote $\ln R$ (peripheral, reference, $\hat{F}_{aa,protrusion}$), with *aa* representing each of the standard amino acids. Error bars are 95% confidence intervals.

to assume their importance for binding. Importantly, a minimalistic model such as the one we 342 are proposing is an attempt at reducing membrane recognition to essential components. While 343 a detailed understanding of the binding of individual proteins clearly requires treatment of both 344 protein and membrane deformability, as well as the ever elusive solvent effects; our model assumes 345 a rigid protein, a flat membrane and a dichotomous classification of hydrophobicity. It is therefore 346 remarkable that in so many cases membrane recognition reduces to the simple idea of solvent-347 exposed hydrophobes protruding from the protein globule, ensuring that their desolvation will be 348 energetically favorable upon transferring to a biological membrane. 349

350 Methods and Materials

351 Data sets

We obtained data sets from the collection of proteins in the OPM-database (*Lomize et al., 2012*). Our set of peripheral proteins are all proteins in OPM classified as *type*: *Monotopic/peripheral*. While the OPM has strict criteria for inclusion, membrane binding is not asserted by experiment in all cases, and the set might contain false positives.

The reference set consist of fragments of transmembrane complexes. We obtained these protein 356 fragments from all proteins classified as type: Transmembrane in OPM. The fragments analysed are 357 composed of all amino acids whose C_{a} -coordinates are at least 1.5 nm from the hydrocarbon region 358 of the membrane model (The parameter Z_{HDC} in the OPM model (Lomize et al., 2011b)). We rely 359 here on membrane models positioned by the OPM, which we deem very reliable for transmembrane 360 proteins. While the entire protein complex was considered when calculating structural properties, 361 only the fragments meeting this distance criteria were considered in the statistical analyses. When 362 these proteins interact with secondary membranes or interact with membranes of extremely high 363 curvature, it is not captured by the OPM model, and the assumption that these surfaces are not 364 interacting with membrane may be violated. We have assumed that such issues are exceptional. 365 We do consider the assumptions mentioned above to be conservative. Inclusion of non-binding 366 proteins in our set of peripheral membrane proteins would likely weaken any general signal 367 from membrane binding proteins, and inclusion of secondary membrane interactions sites in the 368

reference set would probably inflate the number of hydrophobes on protrusions in that set.

All protein structures are obtained by X-ray crystallography and NMR spectroscopy and we 370 have assumed that at least the backbone coordinates are representative of the solvated state of 371 the proteins. As the source of structural information for this database is the Protein Data Bank 372 (PDB)(*Berman et al., 2000*) the relevant oligomeric state is not always determined. The curators of 373 the OPM-database have decided on oligomer models upon which we have relied. These are taken 374 from PDBe (Velankar et al., 2010), generated by PISA (Krissinel and Henrick, 2007) or obtained from 375 literature as described by I omize et al. (I omize et al. 2012) As weak protein-protein interaction 376 interfaces may also contain exposed hydrophobic patches, we expect our analysis to be sensitive to 377 how protein guaternary structure is modelled. As a guality control, we therefore also performed 378 our analysis relying solely on computationally predicted guaternary structures, which we provide in 379 the Supporting Information. This control reproduced gualitatively all observations that we have 380 interpreted. In the Supporting Information we also report analysis on the sensitivity of the results 381 to how the reference set is obtained, using a reference set based on the SCOPe-classification (Fox 382 et al., 2014). 383

A few structures meeting the above criteria, were not included in the analysis for technical reasons, such as issues with formatting of PDB files. After exclusion of these cases, the final set of peripheral proteins contains 1012 protein structures classified into 326 families. The final reference set contains 495 protein structures classified into 158 families.

Based on experiments reported in available literature (Hedin et al., 2002: Grauffel et al., 2013: 388 Malmberg et al., 2003. Stahelin et al., 2003a, 2002. Wang et al., 2001. Stahelin et al., 2003b. Sta-389 helin and Cho. 2001: Frazier et al., 2003: Gerber et al., 2002: Rufener et al., 2005: Corbalán-García 390 et al., 2003: Kim et al., 2000: Gilbert et al., 2002: Feng et al., 2002, 2003: Grauffel et al., 2013: 391 Walther et al., 2004: Kohout et al., 2003: Goh et al., 2016: B Campos et al., 1998: Isas et al., 2004: 392 Kutateladze and Overduin, 2001: Stahelin et al., 2002: Wang et al., 2001: Anderluh et al., 2005: 393 Shenkarev et al., 2006: Lin et al., 1998: Canaan et al., 2002: Lathrop et al., 2001: Chen et al., 2000: 394 Sekino-Suzuki et al., 1996. Phillips et al., 2005. Thennarasu et al., 2005. Tatulian et al., 2005. Old-395 ham et al., 2005; Mathias et al., 2009; Agasøster et al., 2003; Jian et al., 2015), we made a data 396 set of partially identified membrane binding sites on proteins with resolved structures. This set 397 contains membrane interacting residues of 34 protein structures, classified into 22 families. A 398 detailed description is provided in the Supporting Information (Table S2). 399

400 Definitions

401 Structural characteristics of protein surfaces

402 We characterise the surface of proteins with different criteria designed to capture solvent*exposed*

residues, *protruding* residues and *co-insertable* protruding residues. The two latter are illustrated in
 Figure 1.

Exposed amino acids are defined as all amino acids that have a solvent accessible side-chain area greater than 0.2 nm², as calculated with a probe with a radius of 0.14 nm, following the procedure described in Eisenhaber *et al.* (*Eisenhaber et al., 1995*) using van der Waals radi reported by Bondi (*Bondi, 1964*).

We identify a protrusion or a protruding residue via the calculation of the convex hull of the C.-409 and C_{ρ} -coordinates of the protein. The convex hull of a set of points S is the smallest possible 410 convex set containing S. We define *vertex* residues as residues whose C_e-atom is a vertex of this 411 convex hull. A protrusion or a protruding residue, is defined as a vertex residue that also has low local 412 protein density. For the purposes of this work, we will define the local protein density d of a residue. 413 as the number of C_a - or C_a -atoms within a distance c of its C_a -atom. We will designate a local protein 414 density as low, if d < n, with n = 22 and c = 1 nm. These parameters were manually chosen based on 415 a set of six different families of peripheral membrane proteins (C2-domain, PX-domain, Discodin 416 domain, ENTH domain, Lipoxygenases and a Bacterial Phospholipase C). A list of these proteins are 417 provided as Supporting Information (Table S1). 418

- We define two protrusions to be *co-insertable* or a *co-insertable pair*, if the straight line connecting them is an edge of the convex hull polygon.
- 421 Hydrophobic residues
- 422 An amino acid is defined to be hydrophobic, or a hydrophobe, if it contributes favourably to mem-
- 423 brane interface partitioning of peptides, as determined in the Wimley-White scale for interfacial
- insertion (Wimley and White, 1996). These amino acids are: leucine, isoleucine, phenylalanine,
- tyrosine, tryptophan, cysteine and methionine.

426 Secondary structure

- 427 We use DSSP definitions (Kabsch and Sander, 1983) for protein secondary structure. DSSP codes H,
- 428 G or I are reported as *helix*, DSSP codes B or E as β , DSSP code T as *bend* and DSSP code S as *turn*.
- ⁴²⁹ All other residues are considered to be in *loops*.

430 Likely Inserted Hydrophobe

- ⁴³¹ The *Likely Inserted Hydrophobe* is defined as the protruding hydrophobe with the largest number of
- 432 co-insertable protruding hydrophobes in a protein. Ties are resolved by choosing the likely inserted
- ⁴³³ hydrophobe with the smallest local protein density *d*. Further ties are resolved by random selection,
- ₄₃₄ so that each protein has exactly one Likely Inserted Hydrophobe, unless it has no protruding
- 435 hydrophobes at all.

436 Insertion coordinate

- 437 For comparisons with OPM predictions, we define the *insertion coordinate* of atoms. This coordinate
- 438 measures how deeply into the OPM membrane model an atom is inserted, and is therefore negative
- ⁴³⁹ on the solvated side of the membrane. The membrane perimeter, where the insertion coordinate
- is 0, is the end of the hydrocarbon region. We identify this boundary as it is done in the model used
- to predict the OPM orientations, namely the planes where the volume fraction of total hydrocarbon
- 442 is equal to 0.5. See eq. 2 in (*Lomize et al., 2011b*).

443 Measures

- 444 Averages of residues
- ⁴⁴⁵ We compare protein surfaces with respect to structural and hydropathic properties, reflected in ⁴⁴⁶ different selection criteria and averaged over families or the entire data sets.
- The mean fraction of residues having property s with respect to a reference property r in a family is:

$$\hat{f}_{s|r} = \frac{1}{|C|} \sum_{G \in C} \frac{|G_s \cap G_r|}{|G_r|}$$
(1)

where *C* is the set of proteins in a family, *G* is a protein, and, G_s is the set of residues on a protein meeting criteria *s*. Vertical bars denote size of sets. We will specify *s* and *r* according to the

451 definitions above, using intersect notation to combine criteria when necessary. $\hat{f}_{hydrophobe|protrusion)helix}$

⁴⁵² for instance, should be interpreted as the mean fraction of hydrophobes out of all protruding amino ⁴⁵³ acids that are in helices.

454 We estimate weighted data set counts of amino acids with property *s* as:

$$\hat{N}_{s} = \sum_{C \in D} \left(\frac{1}{|C|} \sum_{G \in C} |G_{s}| \right)$$
(2)

where D is a data set, such as the set of peripheral proteins or the reference set. Similarly we

 $_{456}$ quantify the weighted count of proteins that have at least one amino acid with property s as:

$$\hat{M}_{s} = \sum_{C \in D} \left(\frac{1}{|C|} \sum_{G \in C} \mathrm{H}\left(\left| G_{s} \right| \right) \right)$$
(3)

- where H is the Heaviside step function. Given a property s and reference property r, we estimate
- the weighted fraction in a data set, $\hat{F}_{s|r}$:

$$\hat{F}_{s|r} = \frac{\hat{N}_{s\cap r}}{\hat{N}_r} \tag{4}$$

⁴⁵⁹ or the weighted fraction of proteins that have at least one residue with the given property *s*:

$$\hat{E}_s = \frac{\dot{M}_s}{|D|} \tag{5}$$

- With |D| being the number of families in the data set. When such fractions (Eqs. 4 or 5) are reported,
- we estimate 95%-confidence intervals using a normal approximation to the binomial distribution,
- with |D| the total number of trials (Eq. 5), or \hat{N}_r serving as a real-number analog to the total number

463 of trials (Eq. 4).

- ⁴⁶⁴ Averages of co-insertable pairs
- 465 To analyse co-insertable residues, we estimate weighted data set counts of co-insertable pairs of
- residues with property *s*, as:

$$\hat{N}_{s}^{\text{pair}} = \sum_{C \in D} \left(\frac{1}{|C|} \sum_{G \in C} \left| G_{s}^{\text{pair}} \right| \right)$$
(6)

where $|G_s^{\text{pair}}|$ are the number of co-insertable amino acids pairs with property *s*. For quantification of the weighted count of proteins that have at least one co-insertable pair with property *s*, we calculate:

$$\hat{M}_{s}^{\text{pair}} = \sum_{C \in D} \left(\frac{1}{|C|} \sum_{G \in C} H\left(\left| G_{s}^{\text{pair}} \right| \right) \right)$$
(7)

470 Considering the set of co-insertable amino acid pairs in a protein, G^{pair} , we will denote the set of

- pairs where at least one of the amino acids is a protruding hydrophobe as $G_{
 m one}^{
 m pair}$, and the set where
- both are protruding hydrophobes as $G_{\text{both}}^{\text{pair}}$. We will report the weighted fraction of proteins that

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⁴⁷³ have co-insertable protruding hydrophobes as:

$$_{\text{both}}^{\text{pair}} = \frac{\hat{M}_{\text{both}}^{\text{pair}}}{|D|}$$
(8)

and the weighted frequency of co-insertion of protruding hydrophobes as:

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$$\hat{F}_{\text{both|one}}^{\text{pair}} = \frac{\hat{N}_{\text{both}}^{\text{pair}}}{\hat{N}_{\text{one}}^{\text{pair}}} \tag{9}$$

⁴⁷⁵ Note that $\hat{F}_{\text{both}|\text{one}}^{\text{pair}}$ estimates the conditional probability that both amino acids of a co-insertable pair ⁴⁷⁶ are protruding hydrophobes, given that one of them is. The tendency for protruding hydrophobes ⁴⁷⁷ to be located at co-insertable positions can then be quantified by comparing with a null model for ⁴⁷⁸ each set. We obtain these null models by randomly reassigning the hydrophobic amino acids to ⁴⁷⁹ other protruding locations in the same protein.

480 Comparison between data sets

⁴⁸¹ The frequency of properties in different data sets, are compared via weighted fractions. For two

data sets, *A* and *B*, we compare a certain weighted fraction \hat{F} using the odds ratio, R (A, B, \hat{F}) :

$$R(A, B, \hat{F}) = \frac{\hat{F}^{A}(1 - \hat{F}^{B})}{\hat{F}^{B}(1 - \hat{F}^{A})}$$
(10)

where \hat{F}^{A} denotes the fraction $\hat{F}_{s|r}$ obtained for data set A. We will report $\ln R$, which is symmetric around 0, so that $\ln R(A, B, \hat{F}) = -\ln R(B, A, \hat{F})$. Wald 95%-confidence intervals for $\ln R$ are calculated with $\hat{N}_{s\cap r}$ and $(\hat{N}_{r} - \hat{N}_{s\cap r})$ serving as real number analogs for the count of successes and failures in the data sets compared. When $\hat{F}_{both|one}^{pair}$ is compared, the corresponding counts of successes and failures are \hat{N}_{both}^{pair} and $\hat{N}_{both}^{pair} - \hat{N}_{one}^{pair}$, respectively.

- 488 Comparison of experimentally verified and predicted binding sites
- 489 We define two vectors which we then compare to evaluate the distance between experimentally
- $_{490}$ verified and predicted membrane binding residues. The C_{lpha} -coordinate of experimentally verified
- ⁴⁹¹ membrane binding residues functions as a proxy for the membrane, and the vector defined by
- the latter residues and the center of mass (COM) of the protein is used as a reference to which we
- ⁴⁹³ compare the vector defined by the protein COM and the Likely Inserted Hydrophobe. Given a set of
- identified or predicted membrane interacting resides, I, we compute the vector, \mathbf{t}_I :

$$\mathbf{t}_{I} = \frac{1}{|I|} \sum_{a \in I} \mathbf{V}_{a} - \frac{1}{|G_{*}|} \sum_{a \in G_{*}} \mathbf{V}_{a}$$
(11)

where V_a denotes the C_a -coordinates of residue *a*, and G_* is the set of all residues in the protein. We

- will denote vectors obtained for experimentally identified membrane binding residues as \mathbf{t}_{L_2} , and
- those obtained for a Likely Inserted Hydrophobe as \mathbf{t}_L . We then measure the angle $\angle \mathbf{t}_L \mathbf{t}_L$ between
- the two vectors for each protein in the dataset of known binding sites.

499 Implementation

The solvent accessible area was calculated with MMTK (*Hinsen, 2000*) (version 2.9.0), and the convex
 hull was calculated with Qhull (*Barber et al., 1996*) via scipy (*Jones et al., 2001*) (version 0.13.3).
 Proportion test confidence intervals were calculated with R (*Team, 2008*) (Version 2.12.0), odds
 ratios and corresponding confidence intervals were calculated with the R-package epitools (*Aragon*.

- ⁵⁰³ ratios and corresponding confidence intervals were calculated with the R-package epitools (*Aragon*, ⁵⁰⁴ **2010**) (version 0.5-6). Secondary structure annotations were computed with the CMBI DSSP im-
- ⁵⁰⁴ **2010**) (version 0.5-6). Secondary structure annotations were computed with the CMBI DSSP im-⁵⁰⁵ plementation (*Touw et al., 2015*) (version 2.0.4). Otherwise the analyses were implemented by
- us, using Python and R. Plots were produced with R, and other visualisations using VMD (Visual
- ⁵⁰⁷ Molecular Dynamics) (*Humphrev et al., 1996*).

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